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Journal of Magnetic Resonance 181 (2006) 212-222

Journal of Magnetic Resonance

www.elsevier.com/locate/jmr

# Efficiency of paramagnetic relaxation enhancement in off-resonance rotating frame

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Received 2 February 2006; revised 5 May 2006 Available online 2 June 2006

#### Abstract

Transferring from laboratory frame to off-resonance rotating frame for the <sup>1</sup>H spin can compensate the relaxivity loss for paramagnetic agents at the magnetic field strength higher than 3 Tesla and enhance water relaxation rate constant significantly. A comprehensive theory for calculating the relaxation rate constants in the off-resonance rotating frame is described. This theory considers the contributions from both inner shell and outer shell water. The derived relaxation rate constants and relaxation enhancement efficiency as a function of the magnetic field strength and the effective field parameters are directly correlated to the structures, dynamics and environments of paramagnetic agents. To validate the theoretical predictions, we have measured the relaxation enhancement efficiency for a series of macromolecule conjugated gadolinium chelates at 9.4 Tesla. The experimental results confirmed the theoretical predictions. The theory also predicts the relaxation enhancement for T<sub>2</sub>-type paramagnetic agents at high magnetic fields. Promising fields of applications include situations where T<sub>1</sub>- or T<sub>2</sub>-type paramagnetic agents are used for labeling molecular/cellular events. © 2006 Elsevier Inc. All rights reserved.

Keywords: Off-resonance rotating frame; Paramagnetic relaxation enhancement; Gadolinium chelates; Relaxation theory; Molecular dynamics

### 1. Introduction

Binding paramagnetic chelates to macromolecules can significantly increase the proton spin-lattice relaxation rate of bulky water. This has been a common strategy for improving relaxation efficiency of MRI contrast agents [1,2]. For paramagnetic ions with long electron relaxation time such as Gd(III) or Mn(II), the enhanced relaxivity has a maximum at proton Larmor frequency ( $\omega_{\rm H}$ ) ~20 MHz. The amplitude of the maximum is a function of the motional correlation time which has been known as proton relaxation enhancement (PRE) since 1970's [3]. However, as the strength of magnet field increases up to  $\omega_{\rm S,H}\tau_c \gg 1$ , the spectral density function  $J(\omega) \rightarrow 0$ , where  $\omega_{\rm S}$  is the electron frequency,  $\omega_{\rm S} = 658\omega_{\rm H}$ , and  $\tau_c$  is the motional correlation time.  $\tau_c$  is a function of  $\tau_{\rm R}$ ,  $\tau_c^{-1} = \tau_{\rm R}^{-1} + \tau_m^{-1} + \tau_s^{-1}$ , where  $\tau_s$  is the electron relaxation time,  $\tau_m$  is the residence time of structural

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water, and  $\tau_R$  is the rotational correlation time. Thus, the relaxivity as a function of spectral density function will decrease rapidly as the magnetic field strength increases. This challenges the application of paramagnetic agents at high magnetic field such as molecular/cellular imaging by MRI, where the concentration of contrast agents may be limited by molecular/cellular events [4].

We have shown recently that transferring from laboratory frame to off-resonance rotating frame for the <sup>1</sup>H spin that is dipolar coupled to an electron can alter the frequency dependence of its relaxivity [5]. The off-resonance rotating frame is achieved by a long off-resonance pulse as shown in Fig. 1, which is a routine sequence used in NMR/MRI for spin saturations or magnetization transfer at low offset and RF amplitude [6,7]. The effective field strength ( $\omega_e$ ) of this rotating frame is determined by the RF amplitude of the long pulse ( $\omega_1$ ) and the frequency offset ( $\Delta$ ),  $\omega_e = (\omega_1^2 + \Delta^2)^{1/2}$ . During the off-resonance pulse, the proton spins of water are aligned to  $\theta$  angle,  $\theta = tg^{-1}(\omega_1/\Delta)$ , and relax in the effective field. In order to obtain significant enhancement, a large

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Fig. 1. Off-resonance rotating frame experiment. (A) Pulse sequence. An off-resonance long pulse (LP) of duration  $\tau$  is applied with RF amplitude  $\omega_1$  at frequency offset  $\Delta$  ( $\Delta = \omega - \omega_0$ ) followed by a 90° pulse onresonance to detect the residual z-magnetization. (B) Orientation of the off-resonance rotating frame. The off-resonance pulse aligns spins to  $\theta$  angle,  $\theta = tg^{-1}(\omega_1/\Delta)$ , with the effective field of  $\omega_e = \sqrt{\omega_1^2 + \Delta^2}$ .

 $\theta$  angle is obtained by using a sufficiently high RF amplitude  $\omega_1$  for the off-resonance pulse. The dynamic range of the effective field can be increased significantly by setting the irradiation frequency at offset. At the end of the pulse duration  $\tau$ , a following 90° pulse reads out the residual z-magnetization. This frame transformation alters the frequency dependence of  $J(\omega)$ . In the rotating frame,  $J(\omega)$  depends primarily on  $\omega_e$  and partially on  $\omega_H$  instead of the  $\omega_S$  and  $\omega_H$  in the laboratory frame. Since  $\omega_e \ll \omega_H$ ,  $\omega_S$ , and  $\omega_e \tau_c \ll 1$ , the effect of the proton relaxation enhancement caused by large  $\tau_{\rm c}(\tau_{\rm R})$  will be well preserved. The pulse sequence shown in Fig. 1A is different from another type of rotating frame experiment known as spin-locking [8], where spins are tilted to a  $\theta$  angle initially followed by an on-resonance spin-locking pulse and a  $T_{1\rho}$  time constant is used for describing the loss of magnetization.

In principal, the rotating frame transformation can provide relaxation enhancement in any magnetic field higher than 3 Tesla ( $\omega_{\rm H} = 127$  MHz) if  $\tau_{\rm c}$  remains constant. Nevertheless, the  $\tau_{\rm s}$  term included in the  $\tau_{\rm c}$  expression is magnetic field-dependent. Therefore, analysis of the relaxation rate constant in off-resonance rotating frame as a function of field strength is needed for the purpose of calculating enhanced relaxation rate constants, evaluating enhancement efficiency and extracting structure or dynamic parameters for the paramagnetic labeling.

The motivation of the present work was to establish a correlation between the enhancement efficiency of paramagnetic relaxation and the dynamic parameters of macromolecule conjugated Gd(III) chelates in the off-resonance rotating frame at high magnetic fields. This is only possible if a quantitative theory is available. The primary aim of the present study is to develop such theory.

In this work, we present a comprehensive theory for paramagnetic relaxation enhancement in the off-resonance rotating frame. Starting from the electron-proton dipolar coupling interaction, a complete transformation process from laboratory frame to rotating frame is presented. For simplicity, Bloembergen–Morgan equation is used for calculating  $\tau_s$  at high magnetic fields [9]. The rotating frame inner shell water relaxation rate constant, like its laboratory frame expression, is derived from the dipolar coupling model. The outer shell water model is an analogous extension of the dipolar coupling interaction in combining with the high field model for Gd(III) chelates developed by Koenig [10,11]. The total rotating frame relaxation rate constant  $R_{1\rho}$  combines the inner shell contribution and the outer shell contribution, and is used to define the enhancement efficiency  $R_{10}/R_1$ . The new features of the rotating frame relaxation rate constants include the spectral density function  $J(\omega_e)$  and rotating frame RF parameters. With the theory, numerical calculations were used to simulate the effects of dynamics on  $R_{1\rho}$  and  $R_{1\rho}/R_1$  as a function of magnetic field or effective field for macromolecule conjugated Gd-DTPA. Experimental data for a series of macromolecule conjugated Gd-DTPA solutions were presented to validate the predictions of the theory.

# 2. Theory

# 2.1. Rotating frame spin-lattice relaxation rate constant for electron-proton dipolar coupling

Considering a dipolar coupling of electron spin and proton nucleus under an interaction of RF pulse, the Hamiltonian in the laboratory frame is

$$\ddot{H} = \ddot{H}_{z} + \ddot{H}_{rf} + \ddot{H}_{D}, \tag{1}$$

where

$$\begin{split} \tilde{H}_z &= \omega_{\rm S} S + \omega_H I, \\ \tilde{H}_{\rm rf} &= \omega_1 \exp(-iI_z \omega t) I_z \exp(iI_z \omega t), \\ \tilde{H}_{\rm D} &= \sum_{m=-2}^2 F^{(m)}(t) A^{(m)}, \\ \tilde{H}_z &\text{ is the Zeeman interactions for the electron and the proton} \end{split}$$

 $H_z$  is the Zeeman interactions for the electron and the proton nucleus, S and I are the associated electron and proton spin operator.  $\tilde{H}_{rf}$  is the RF Hamiltonian.  $\tilde{H}_D$  is a second-order tensor for the dipolar coupling between the electron and proton, which can be written as a product sum of spin operators  $A^{(m)}$ , and time-dependent function of the position coordinates  $F^{(m)}(t)$ .  $A^{(m)}$  and  $F^{(m)}(t)$  have properties as follows:

$$A^{(m)} = A^{(-m)\dagger}, \quad F^{(m)}(t) = F^{(-m)^*}(t).$$
 (2)

The dagger is the Hermitian conjugate and the asterisk denotes the complex conjugate. The spin operators for m = 0, 1, 2 are

$$\begin{split} A^{(0)} &= S_{\rm z} I_{\rm z} - \frac{1}{4} (S^+ I^- + S^- I^+), \\ A^{(1)} &= S_{\rm z} I^+ + S^+ I_{\rm z}, \end{split}$$

$$A^{(2)} = S^+ I^+, (3)$$

where the rising and lowering operators have  $S_{\pm} = S_x \pm iS_y$ ,  $I_{\pm} = I_x \pm iI_y$ .  $F^{(m)}(t)$  is a function of second-order spherical harmonics,

$$F^{(0)} = cY_{2,0}(\alpha, \beta) = c(1 - 3\cos^{2}\beta),$$

$$F^{(1)} = -\frac{3c}{2}Y_{2,-1}(\alpha, \beta) = -\frac{3c}{2}\sin\beta\cos\beta\exp(-i\alpha),$$

$$F^{(2)} = -\frac{3c}{4}Y_{2,-2}(\alpha, \beta) = -\frac{3c}{4}\sin^{2}\beta\exp(-2i\alpha),$$
(4)

c is coefficient,  $c = \gamma_S \gamma_H / r^3$ .

To obtain the rotating frame Hamiltonian, a transformation consisting of a series of successive unitary rotations was performed on the laboratory frame Hamiltonian. Since the long pulse is applied on the proton nuclei only, there are three rotations for the proton nuclei and one rotation for the electron spin. The total unitary operator for these rotations is

$$U = U_{\rm S} U_{\rm I}$$

$$= \exp(i\omega_{\rm S} t S_{\rm z}) \{ \exp(i\omega_{\rm e} t I_{\rm z}) \exp(i\theta I_{\rm y}) \exp(i\omega_{\rm H} t I_{\rm z}) \}, \qquad (5)$$

where  $\theta = tg^{-1}(\omega_1/\Delta), \omega_e = \sqrt{\omega_1^2 + \Delta^2}$ , as shown in Fig. 1. The Hamiltonian for the rotating frame becomes,

$$\tilde{H}'_{\rm D}(\omega_{\rm e},t) = U\tilde{H}_{\rm D}U^{\dagger},\tag{6}$$

$$\begin{split} \tilde{H}'_{\rm D}(\omega_{\rm e},t) &= F^{(0)} \bigg\{ \cos\theta S_z I_z - \frac{\sin\theta}{2} (\exp(i\omega_{\rm e}t)S_z I^{+\prime} \\ &+ \exp(-i\omega_{\rm e}t)S_z I^{-\prime}) - \frac{1}{4} ((\cos\theta-1)/2) \\ &\times [\exp(i(\omega_{\rm S} - \omega_{\rm H} - \omega_{\rm e})t)S^{+}I^{+\prime} \\ &+ \exp(-i(\omega_{\rm S} - \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &- \frac{1}{4} \sin\theta [\exp(i(\omega_{\rm S} - \omega_{\rm H})t)S^{-}I'_{z}] \\ &- \frac{1}{4} (\cos\theta+1)/2 [\exp(i(\omega_{\rm S} - \omega_{\rm H} - \omega_{\rm e})t)S^{+}I^{-\prime} \\ &+ \exp(-i(\omega_{\rm S} - \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{+\prime}] \bigg\} \\ &+ F^{(1)} \{(\cos\theta+1)/2 [\exp(i(\omega_{\rm H} + \omega_{\rm e})t)S_z I^{+\prime} \\ &+ \exp(-i(\omega_{\rm H} + \omega_{\rm e})t)S_z I^{-\prime}] \\ &+ \sin\beta [\exp(i\omega_{\rm H}t)S_z I'_{z} + \exp(-i\omega_{\rm H}t)S_z I'_{z}] \\ &+ ((\cos\beta-1)/2) [\exp(i(\omega_{\rm H} - \omega_{\rm e})t)S_z I^{-\prime} \\ &+ \exp(-i(\omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \cos([\exp(i\omega_{\rm S}t)S^{+}I'_{z} + \exp(-i\omega_{\rm S}t)S^{-}I'_{z}] \\ &- (\sin\theta/2) [\exp(i(\omega_{\rm S} - \omega_{\rm e})t)S^{+}I^{-\prime} \\ &+ \exp(-i(\omega_{\rm S} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ C^{(2)} \{((\cos\theta+1)/2) [\exp(i(\omega_{\rm S} + \omega_{\rm H} + \omega_{\rm e})t) \\ &\times S^{+}I^{+\prime} \exp(-i(\omega_{\rm S} + \omega_{\rm H} + \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ F^{(2)} \{((\cos\theta+1)/2) [\exp(i(\omega_{\rm S} + \omega_{\rm H} + \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ (\sin\theta) [\exp(i(\omega_{\rm S} + \omega_{\rm H} + \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ (\sin\theta) [\exp(i(\omega_{\rm S} + \omega_{\rm H} + \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ &+ \exp(-i(\omega_{\rm S} + \omega_{\rm H} - \omega_{\rm e})t)S^{-}I^{-\prime}] \\ \end{aligned}$$

From the rotating frame Hamiltonian and spin density operator  $\sigma(t)$ , we can define the motion equation of spin operator,  $I'_z$ ,

$$\frac{\mathrm{d}\langle I'_{z}\rangle}{\mathrm{d}t} = -\frac{1}{2} \sum_{m}^{\pm 2} (J^{(m)}(\omega^{(m)}) \mathrm{Tr}\{[A^{(-m)}, [A^{(m)}, I'_{z}]](\sigma(t) - \sigma^{\mathrm{eq}})\}),$$
(8)

where  $J^{(m)}(\omega) = \int_{-\infty}^{+\infty} G^{(m)}(\tau) e^{-i\omega t} d\tau$  is the spectra density function,  $G^{(m)}(\tau)$  is the correlation function and assuming the motion of the proton spin is random,

$$G^{(m)}(\tau) = \langle F^{(m)}(t)F^{(m)*}(t+\tau) \rangle.$$
(9)

Combining Eq. (8) with the following definition,

$$\frac{\mathrm{d}\langle I'_{z}\rangle}{\mathrm{d}t} = -R_{1\rho,\mathrm{d}}\langle I'_{z}\rangle - \sigma_{\rho,\mathrm{d}}^{\mathrm{IS}}\langle S\rangle.$$
(10)

We get the rotating frame relaxation rate constant for the electron-proton dipolar coupling,

$$R_{1\rho,d} = K\{2\sin^2\theta J(\omega_e) + \sin^4(\theta/2)J(\omega_S - \omega_H + \omega_e) + \cos^4(\theta/2)J(\omega_S - \omega_H - \omega_e) + 3\cos^4(\theta/2)J(\omega_H + \omega_e) + 3\sin^4(\theta/2)J(\omega_H - \omega_e) + 3/2\sin^2\theta(J(\omega_S + \omega_e) + J(\omega_S - \omega_e)) + 6\cos^4(\theta/2)J(\omega_S + \omega_H + \omega_e) + 6\sin^4(\theta/2)J(\omega_S + \omega_H - \omega_e)\}.$$
(11)

This equation can be simplified as follows by applying the condition  $\omega_S \gg \omega_H \gg \omega_e$ ,

$$R_{1\rho,\mathrm{d}} \sim K\{2f_1(\theta)J(\omega_\mathrm{e}) + 3f_2(\theta)J(\omega_\mathrm{H})\}.$$
(12)

The associated  $J^{(m)}(\omega)$  has  $\omega = \omega_e$ ,  $\omega_H$  with m = 1, the corresponding spin operators are  $S_z I^+$  and its conjugate term  $S_z I^-$ . In Eqs. (11) and (12),1

$$\begin{split} f_{1}(\theta) &= \sin^{2}(\theta), \\ f_{2}(\theta) &= \sin^{4}(\theta/2) + \cos^{4}(\theta/2), \\ K &= \frac{2}{15} (\frac{\mu_{0}}{4\pi})^{2} \frac{\hbar^{2} \gamma_{\mathrm{H}}^{2} \gamma_{\mathrm{S}}^{2} S(S+1)}{r^{6}}, \\ J(\omega) &= \frac{\tau_{\mathrm{c}}}{1+\omega^{2} \tau_{\mathrm{c}}^{2}}, \\ \tau_{\mathrm{c}}^{-1} &= \tau_{\mathrm{R}}^{-1} + \tau_{m}^{-1} + T_{\mathrm{le}}^{-1}, \\ T_{\mathrm{le}}^{-1} &= \frac{1}{5 \tau_{\mathrm{S0}}} \left[ \frac{1}{1+\omega_{\mathrm{S}}^{2} \tau_{\mathrm{v}}^{2}} + \frac{4}{1+4\omega_{\mathrm{S}}^{2} \tau_{\mathrm{v}}^{2}} \right], \end{split}$$

where  $\tau_v$  is the correlation time characterized the fluctuation of the zero field splitting (ZFS) and  $\tau_{S0}$  is related to ZFS constant B as  $\tau_{S0} = \tau_v/5B$ . For the macromolecule conjugated paramagnetic chelates shown in Fig. 2,  $\tau_m$  is the residual time of structural water,  $T_{1e}$  is electronic relaxation time.  $\tau_R$  is the rotational correlation time, which is a sum of contributions from internal reorientation motion ( $\tau_i$ ) and global tumbling motion ( $\tau_g$ ) and  $\tau_R^{-1} = \tau_i^{-1} + \tau_g^{-1}$ .



Fig. 2. A schematic of the spin relaxations in the solution of macromolecule conjugated paramagnetic chelates. The coordinated water is directly bound to the metal ion and forms the inner shell (IS), its relaxation rate constant is determined by three dynamic parameters, namely the electron relaxation time  $\tau_s$  or  $T_{1e}$ , the residence time of coordinated water  $\tau_m$  and the rotational correlation time of the paramagnetic unit  $\tau_R$ . Other surrounding water forms the outer shell (OS), the relaxation rate constant is determined by the diffusion correlation time  $\tau_D$ .

# 2.2. Rotating frame spin-lattice relaxation rate constant for inner sphere water

The inner shell water relaxation results from a chemical exchange of water molecules involving the primary coordination sphere of the paramagnetic metal ion. In the laboratory frame, the relaxation rate constant  $R_1^{IS}$  is as follows [3]:

$$R_1^{\rm IS} = \frac{P_m q}{1/R_{1,d} + \tau_m},\tag{13}$$

where  $P_m$  is the molar fraction of metal ion, q is the number of water molecular bound per metal ion.  $R_{1,d}$  is the relaxation rate constant of the bound water,  $\tau_m$  is the residual life time of the bound water. In the off-resonance rotating frame,  $R_{1,d}$  is replaced by  $R_{1\rho,d}$ . Assuming  $1/R_{1,d}$ ,  $1/R_{1\rho,d} \gg \tau_m$ , this will lead to  $R_{1\rho}^{IS} = P_m q R_{1\rho,d}$  and  $R_{1}^{IS} = P_m q R_{1,d}$ . Thus, we obtain the relationships as follows:  $R_{1\rho}^{IS} = R_{1\rho,d}/R_{1,d}$ , (14)

$$R_{1\rho}^{\prime}/R_{1}^{\prime\prime} = R_{1\rho,d}/R_{1,d}, \tag{14}$$

$$R_{1\rho}^{\rm IS}/R_1^{\rm IS} = \frac{2}{3}Kf_1(\theta)(1 + (\omega_{\rm H}\tau_{\rm c})^2) + f_2(\theta).$$
(15)

The rotating frame relaxation rate constant  $R_{1\rho}^{IS}$  is a function of the hydration water number q and their mole fraction  $P_m$ . But, the enhancement efficiency  $R_{1\rho}^{IS}/R_1^{IS}$  shown in Eq. (14) is irrelevant to q and  $P_m$  for the inner shell water alone. Eq. (15) shows that the enhancement efficiency will increase as the square of the motional correlation time  $\tau_c$ and the magnetic field strength  $\omega_{\rm H}$ .

# 2.3. Rotating frame spin-lattice relaxation rate constant for outer shell water

For the spin relaxation of Gd(III) chelates in the laboratory frame, Koenig, etc. has developed an outer sphere model [10,11], which fits well with the experimental data obtained from high magnetic fields for gadolinium chelates and iron oxide nanoparticles. The relaxation rate constant  $R_1^{OS}$  is expressed as

$$R_{1}^{OS} = K' \{ 7[1 - (\alpha B_{S}^{2}(x)/2)J_{2OS}(\omega_{S}, \tau_{D}, T_{2e})] + 3[(1 + \alpha)B_{S}^{2}(x)J_{1OS}(\omega_{H}, \tau_{D}, T_{1e} \to \infty) + (1 - B_{S}^{2}(x))J_{1OS}(\omega_{H}, \tau_{D}, T_{1e})] \},$$
(16)

where

$$K' = \frac{32\pi}{405} \hbar^2 \gamma_{\rm H}^2 \gamma_{\rm S}^2 S(S+1) \frac{N_{\rm A}}{1000} \left(\frac{C}{dD}\right),$$
  

$$B_{\rm S}(x) = \left(\frac{2S+1}{2S}\right) \operatorname{coth} \left[ \left(\frac{2S+1}{2S}\right) x \right] - \left(\frac{1}{2S}\right) \operatorname{coth} \left[\frac{x}{2S}\right],$$
  

$$J_{\rm nOS}(\omega_{\rm H}, \tau_D, T_{\rm ne}) = \operatorname{Re}\{1 + (1/4)(i\omega\tau_D + \tau_D/T_{\rm ne})\}$$
  

$$/\{1 + (i\omega\tau_D + \tau_D/T_{\rm ne})^{1/2} + (4/9)(i\omega\tau_D)\}$$

$$+ \tau_D/T_{\rm ne}) + (1/9)(i\omega\tau_D + \tau_D/T_{\rm ne})^{3/2}\},$$

where  $x = \mu B_0/\text{RT}$ ,  $\alpha = (2S - 1)/(S + 1)$  and  $\tau_D = d^2/D$ . *D* is the sum of the diffusion coefficients of water molecule  $(D_I)$  and metal ion complex  $(D_S)$ , *d* is the distance of closest approach of the water molecule to the metal complex,  $\mu$  is the magnetic moment of the metal ion,  $\mu = \gamma_S \hbar S$ .

In the similar way discussed above for the electron-proton dipolar coupling interaction, the relaxation rate constant is transferred to the off-resonance rotating frame. Assuming  $\omega_S \gg \omega_H \gg \omega_e$ , the relaxation rate constant  $R_{1\rho}^{OS}$  in the rotating frame is as follows:

$$R_{1\rho}^{OS} = K' \{ 2f_1(\theta)(1 + \alpha B_S^2(x)) J_{1OS}(\omega_e) + 3f_2(\theta) [(1 + \alpha) B_S^2(x) J_{1OS}(\omega_H, \tau_D, T_{1e} \to \infty) + (1 - B_S^2(x)) J_{1OS}(\omega_H, \tau_D, T_{1e}) ] \}.$$
(17)

The outer shell relaxation rate constant has a similar expression as the inner shell except that the spectral density function is more complicated. Nevertheless, we can use numerical calculation to simulate the influence of related factors, as discussed later. Eq. (17) is also suitable for  $T_2$ -type paramagnetic agents, where the major contribution to the relaxation is from the outer shell water [10].

# 2.4. Total relaxation rate constant in off-resonance rotating frame

The total relaxation rate constant in off-resonance rotating frame  $R_{1\rho}$  is the contribution sum of the inner shell water and outer shell water,

$$R_{1\rho} = R_{1\rho}^{\rm IS} + s R_{1\rho}^{\rm OS}, \tag{18}$$

where *s* is the space assessable coefficient for the outer shell water for macromolecule conjugated paramagnetic ions and 0.5 < s < 1.0. Since  $R_{1\rho}^{IS}$  and  $R_{1\rho}^{OS}$  depend on  $\theta$  angle,  $R_{1\rho}$  is also a function of  $\theta$ ,  $R_1 < R_{1\rho} < R_2$  for  $0 < \theta < 90^\circ$ .

### 2.5. Relaxation enhancement efficiency

Experimental measurement for the relaxation enhancement efficiency can be measured with the pulse sequence shown in Fig. 1A, where the long off-resonance pulse with duration  $\tau$  tilts proton spins to  $\theta$  angle as defined in Fig. 1B. The 90° pulse reads out the residual *z*-magnetization. When spin arrives at equilibrium with the rotating frame, the residual *z*-magnetization is defined as follows [12]:

$$M_{\rm e}(\tau \to \infty) = M_0 \cos^2 \theta \frac{R_1}{R_{1\rho}}.$$
 (19)

The  $\cos^2\theta$  term in Eq. (19) accounts for the direct saturation effect of RF irradiation.

The measured relaxation rate constants normally are sum of the paramagnetic contribution from metal ions and the diamagnetic contribution from the solvent and the conjugated macromolecules, as shown below,

$$(R_{1,1\rho})_{\text{measured}} = (R_{1,1\rho})_{\text{diamag}} + (R_{1,1\rho})_{\text{paramag}}.$$
 (20)

If  $(R_{1,1\rho})_{\text{diamag}} \ll (R_{1,1\rho})_{\text{paramag}}$ , then the enhancement efficiency can be determined directly from the measured residual magnetization using the following equation,

$$\frac{R_{1\rho}}{R_1} = \frac{M_0}{M_e(\infty)} \frac{1}{\cos^2 \theta}.$$
(21)

Another factor to influence the measurement of  $R_{1\rho}/R_1$  is the magnetization transfer effect [7]. For macromolecule conjugated paramagnetic agents in aqueous solutions, this effect can be neglected since the concentration of the macromolecule can be lower than 0.1 mM.

### 2.6. Numerical simulations

Calculations of relaxation rate constants and enhancement efficiencies were performed for macromolecule conjugated Gd-DTPA. The parameters used in the calculations are S = 7/2, q = 1-3,  $\tau_{s0} = 85$  ps,  $\tau_v = 38$  ps,  $\tau_m = 0.244$  µs, r = 3.05 Å,  $\tau_R = 80$ , 500, 1000, 1500, 2000 and 3000 ps, d = 3.6 Å,  $D = 3.16 \times 10^{-5}$ ,  $1.0 \times 10^{-5}$ ,  $8.0 \times 10^{-6}$ ,  $5.0 \times 10^{-6}$ ,  $2.0 \times 10^{-6}$ ,  $1.0 \times 10^{-6}$  cm<sup>2</sup>/s, s = 0.75. For simulated  $R_{1\rho}/R_1$  as a function of frequency offset, RF amplitude is 2, 4 and 6 kHz, and offset  $\Delta$  varies from 5 to 60 kHz. All calculations were carried out with the mathematical software Mathematica.

#### 3. Experimental

#### 3.1. Synthesis of paramagnetic agents

Bovine serum albumin (BSA, Mw 68 kDa) from Aldrich was dissolved in 0.1 M Hepes buffer at pH 7.4, a 200-fold excess dianhydride c-DTPA was added in five equal portions during 1 h at room temperature [13]. The solution was stirred for 1 h and then passed through a 0.2  $\mu$ m filter. In an ice bath, equal mole of GdCl<sub>3</sub> to DTPA was added into the filtrate in five equal portions during 1 h at pH 6.0. The solution was stirred for 24 h at 4 °C, and Arsenazo III was used to test free Gd<sup>3+</sup> ion [14]. The solution was centrifuged with Amicon Ultra-15 from Millipore with

molecular weight cutoff (MWCO) of 5 kDa, and lyophilized to a white solid powder. The product was analyzed for protein concentration by UV absorbency at 595 nm with Bradford assay and for gadolinium content by atomic emission spectroscopy (AES). A molecular formula of (Gd-DTPA)<sub>30</sub>-BSA was found for this product.

Polylysine (PLS, Mw 15–30 kDa) from Aldrich was dissolved in 0.1 M sodium bicarbonate buffer at pH 9.0, a 40fold excess dianhydride c-DTPA was added in five equal portions during 1 h at ice bath [13]. This mixture was warmed up to room temperature and stirred for 6 h. A small portion of the resulting solution containing PLS-DTPA was purified for structure analysis. A colorimetric assay was used to determine the binding percentage of DTPA. The remaining portion was reacted with GdCl<sub>3</sub> for 6 h and Arsenazo III was used to test free Gd<sup>3+</sup> ion. The solution was centrifuged with Amicon Ultra-15 from Millipore (Billerica, MA) with molecular weight cutoff (MWCO) of 5 kDa and lyophilized to a white solid powder. The averaged molecular formula of the contrast agent is (Gd-DTPA)<sub>32</sub>-PLS.

Dextran (Mw 15–20 kDa) from Fluka, dried overnight at 70 °C, was reacted with DTPA dianhydride at a ratio of 1 DTPA per 2 glucose units in dry DMSO at 60 °C for 30 min [15]. After adding water and adjusting pH to 6, GdCl<sub>3</sub> based on 1:1 mole ratio to DTPA was added and allowed to react for 5 h. Free Gd<sup>3+</sup> test was negative with Arsenzo III. The resulting solution was ultra-filtrated by Amicon Ultra-15 and lyophilized. The mole ratio of DTPA to Dextran was determined by elemental analysis. The averaged molecular formula of the contrast agent was found to be (Gd-DTPA)<sub>8</sub>-Dextran.

One percent of PAMAM dendrimer- $g_5$  (Mw 28.8 kDa) from Sigma–Aldrich was mixed with 45-fold excess p-SCN-benzyl-DTPA (Macrocyclics, Hoston, TX) [16]. The mixed solution was adjusted to pH 9 and maintained at 40 °C for 24 h. GdCl<sub>3</sub> was added into the solution and stirred for 5–6 h. Free Gd<sup>3+</sup> test was negative with Arsenzo III. The resulting solution was ultra-filtrated by Amicon Ultra-15 and lyophilized. The mole ratio of DTPA to PAMAM was determined by elemental analysis. The molecular formula of the contrast agent is (Gd-DTPA-SCN-Bz)<sub>41</sub>-PAMAM-g5.

#### 3.2. NMR measurements

All NMR experiments were carried with volume coils on a 9.4 T Bruker Advance micro-imaging spectrometer. Samples at 1 mM gadolinium concentration were placed in a 5 mm tube in a Bruker <sup>1</sup>H 10 mm resonator at room temperature. The off-resonance rotating frame magnetization profiles were obtained by applying a long pulse with a 5– 60 kHz frequency offset followed by a 90° reading pulse. Residual magnetization was plotted as a function of offset frequency to generate the magnetization profiles. The applied long off-resonance pulses were 500 ms long with RF amplitudes of 2, 4 and 6 kHz.

#### 4. Results and discussions

#### 4.1. Inner shell water contribution

Fig. 3 shows the laboratory frame relaxation rate constant  $R_{1\rho}^{IS}$ , the off-resonance rotating frame relaxation rate constant  $R_{1\rho}^{IS}$ , and the enhancement efficiency,  $R_{1\rho}^{IS}/R_{1}^{IS}$ , for the inner shell water at  $\omega_{\rm H} = 10{-}1000$  MHz and  $\theta = 50^{\circ}$ . These calculated rate constants only include the paramagnetic contribution. For chelates with one structural water molecule, q = 1, as the rotational correlation time  $\tau_{\rm R}$ increases from 80 to 3000 ps,  $R_1^{IS}$  has a maximum at frequency  $\sim \! 20 \text{ MHz}$  and decreases rapidly as the frequency increases. However, the profile for  $R_{1\rho}^{IS}$  is different, it shows a nearly constant dependence on the frequency. The amplitude of  $R_{1\rho}^{IS}$  is much higher than  $R_1^{IS}$  and is proportional to the rotational correlation time  $\tau_R$ . The influence of  $\tau_R$  is via the expression of  $\tau_c$ ,  $\tau_c^{-1} = \tau_R^{-1} + \tau_m^{-1} + T_{1e}^{-1}$ . In this calcula-tion,  $\tau_m$  is 0.244 ms,  $T_{1e}$  is around 2.2 ns at 20 MHz and increases rapidly as the square of the frequency.  $\tau_{\rm R}$  begins to dominate the motion correlation time  $\tau_c$  at ~50 MHz and equals to  $\tau_c$  at higher field due to  $\tau_R \ll \tau_m, T_{1e}$ . As the result,  $R_{1\rho}^{IS}$  increases as  $\tau_{R}$  increases. Fig. 3 is calculated by using Eqs. (12) and (15) based on the electron-proton dipolar coupling, which may represent a simplified model for Gd-DTPA. Gd<sup>3+</sup> ion is known to have static and transient zero field splitting (ZFS) effect at low magnetic fields, which can generate multiple transitions for its electron relaxation [17-19]. Since most Gd(III) complexes have the ZFS in the order of  $0.1 \text{ cm}^{-1}$  (~0.3 Tesla), their electron relaxation should be located in the Zeeman limit  $(H_{\text{Zeeman}} \gg H_{\text{ZFS}})$  at the magnetic field strength higher than 3 Tesla [20]. Thus, the complication due to non-degenerate electron states may be not a problem for the evaluation of electron relaxation time. In additions,  $\tau_c$  is determined by  $\tau_R$  at high field. However, the effect of the transient ZFS on the proton spin relaxation needs to be explored further, which is out the scope of this paper.

From  $R_1^{IS}$  and  $R_{1\rho}^{IS}$ , the enhancement efficiency  $R_{1\rho}^{IS}/R_1^{IS}$ are calculated as a function of the square of  $\tau_R$  and  $\omega_H$ , which increases rapidly as the magnetic field strength and the rotational correlation time increase. As shown in Fig. 3,  $R_{1\rho}^{IS}/R_1^{IS}$  ranges from 1.1 to 140 at  $\omega_H = 1000$  MHz for paramagnetic agents with  $\tau_R$  of 80–3000 ps. Notice that for a given  $\tau_R$ , the higher enhancement efficiency,  $R_{1\rho}^{IS}/R_1^{IS}$ , does not necessarily correspond to a larger  $R_{1\rho}^{IS}$ , i.e.,  $R_{1\rho}^{IS}$  at 1000 MHz is lower than  $R_{1\rho}^{IS}$  at 100 MHz.  $R_{1\rho}^{IS}/R_1^{IS}$  defines the dynamic range for magnetizations of rotating frame. But for different  $\tau_R$ , higher enhancement efficiency always corresponds to the larger relaxation rate constant  $R_{1\rho}^{IS}$ . In this case,  $R_{1\rho}^{IS}$  or  $R_{1\rho}^{IS}/R_1^{IS}$  can be used to differentiate the dynamics of the paramagnetic agents, as we will discuss in a successive paper.

#### 4.2. Outer shell water contribution

Fig. 4 plots the laboratory frame relaxation rate constant  $R_{1\rho}^{OS}$ , the off-resonance rotating frame relaxation rate constant  $R_{1\rho}^{OS}$  and the enhancement efficiency  $R_{1\rho}^{OS}/R_1^{OS}$  of outer shell water at  $\omega_{\rm H} = 10{-}1000$  MHz and  $\theta = 50^{\circ}$ . These calculated rate constants only include the paramagnetic contribution to water relaxation. In this calculation,  $\tau_{\rm R}$  is 80 ps, which corresponds to that for the small paramagnetic complex Gd-DTPA. The water diffusion constant is varied from  $3.16 \times 10^{-5}$  cm<sup>2</sup>/s that of pure water at 37 °C to  $1 \times 10^{-6}$  cm<sup>2</sup>/s for slow "local diffusion" expected of tissue



Fig. 3. Theoretically predicted relaxation rate constants and enhancement efficiency for the inner shell water as a function of proton Larmor frequency for macromolecular conjugated Gd-DTPA. The profiles are corresponding to the rotational correlation time  $\tau_R$  of 80–3000 ps. Molecular parameters are discussed in the text.



Fig. 4. Theoretically predicted relaxation rate constants and enhancement efficiency for the outer shell water as a function of proton Larmor frequency for Gd-DTPA. The profiles are for the diffusion coefficient *D* ranged from  $3.1 \times 10^{-5}$  to  $1 \times 10^{-6}$  cm<sup>2</sup>/s. Molecular parameters are discussed in the text.

water vide infra. Since the effective distance for the electron-nuclear dipolar interaction is limited to a few nm [21], the diffusion constant used here is the parameter that characterizes water motion within the immediate local vicinity of the paramagnetic relaxation center. We note that the MR determined apparent diffusion constant (ADC) of for exercised fixed tissue water has been reported to be as low as  $10^{-7}$  cm<sup>2</sup>/s [22,23]. However, the ADC reflects the presence of numerous mesoscopic scale hindrances and restrictions to water displacement imposed by the complex microstructure of tissue. Thus, the MR determined tissue water ADC does not provide a measure of the local diffusion coefficient that is associated with the spectral density function of the outer shell water. The local diffusion coefficient can be associated with the barrier-free viscosity of the aqueous cellular milieu. The local water diffusion coefficient (sometimes referred to as the free diffusion coefficient) or the corresponding media viscosity has been inferred from a variety of studies employing small molecules or ions as reporter species. Derived water diffusion coefficient values ranging from  $1 \times 10^{-5}$  cm<sup>2</sup>/s in cells to  $1 \times 10^{-6}$  cm<sup>2</sup>/s in 4% agarose gels [24–28] are typical. In the laboratory frame,  $R_1^{OS}$  has a maximum and appears at frequency  ${\sim}20~\text{MHz}$  only if the diffusion coefficient is sufficiently low, i.e.,  $D < 5 \times 10^{-6} \text{ cm}^2/\text{s}$ . As the field strength increases,  $R_1^{OS}$  decreases rapidly. This is attributed to the behavior of the spectral density functions,  $J_{2OS}$  ( $\omega_{S}$ ,  $\tau_D$ ,  $T_{2e}$ ) and  $J_{1OS}$  ( $\omega_H$ ,  $\tau_D$ ,  $T_{1e}$ ).  $\tau_D$  will become very large for a small diffusion coefficient,  $\tau_D = d^2/D$  and make the  $\omega_{S,H}\tau_D$  term dominant in  $i\omega_{S,H}\tau_D + \tau_D/T_{ne}$ . In the rotating frame, since the primary frequency dependence is the effective field  $\omega_e$ , the  $\omega_e \tau_D$  term becomes a small number that is insufficient to dominate  $i\omega_e \tau_D + \tau_D/T_{1e}$ . The relaxation rate constant  $R_{1a}^{OS}$  is nearly constant, increasing gradually as the frequency moves above 300 MHz. It is always greater than the corresponding  $R_1^{OS}$ . The rotating frame enhancement contribution mainly comes from the  $J_{1OS}$  ( $\omega_e$ ) term. This term will significantly affect  $R_{1\rho}^{OS}$  in the presence of a small local diffusion coefficient, because the relaxation rate constant K' in Eq. (17) is proportional to 1/D. On the other hand,  $\tau_D$  is determined by the distance d between the paramagnetic center and the surrounding "associated water" (i.e., by the dimension of the particle). For an iron oxide nanoparticles, d equals to the radius of the nanoparticles. In this case,  $\tau_D$  characterizes the time scale required for water to diffuse away from the influence of nanoparticles,  $\tau_D$  increases as the size of the nanoparticles increases [10]. K' will be reduced because it is proportional to d as well. Nevertheless, the relaxivity loss due to large  $\tau_D$  can be regained by the off-resonance rotating frame method. Most  $T_2$ -type paramagnetic agents, such as iron oxides nanoparticles, have large  $\tau_D$  values, their T<sub>1</sub> relaxivity has a maximum at 10–20 MHz and decreases as the magnetic field increases [10,29]. Thus, the method described in the paper can be used to enhance the rotating frame relaxation rate constants  $R_{1\rho}$  for the T<sub>2</sub>-type agents at high magnetic fields. The detection of the  $T_2$ -type agents by the rotating

frame weighted imaging will generate hyperintense contrast instead the hypointense contrast obtained in the conventional  $T_2$ -weighted imaging, as shown in our recent report for MIONs at 9.4 Tesla [30].

# 4.3. Total relaxation rate constants in off-resonance rotating frame

Fig. 5 shows the total laboratory frame relaxation rate constant  $R_1$ , the total off-resonance rotating frame relaxation rate constant  $R_{1\rho}$ , and the enhancement efficiency  $R_{1\rho}/$  $R_1$ , at  $\omega_{\rm H} = 10-1000$  MHz and  $\theta = 50^{\circ}$ . These calculated rate constants only include the paramagnetic contribution. Fig. 5A is for Gd-DTPA with diffusion coefficient  $D = 3.16 \times 10^{-5} \text{ cm}^2/\text{s}$ , hydration number q = 1 and  $\tau_{\rm R} = 80{-}3000$  ps.  $R_1$  and  $R_{1\rho}$  are slightly higher than those for the inner shell model shown in Fig. 3, since the contribution from the outer shell water is much smaller than that from the inner shell water for most  $\tau_{\rm R}$  at this diffusion coefficient. But the enhancement efficiency  $R_{1\rho}/R_1$  is much lower than that for the inner shell, especially for very large  $\tau_{\rm R}$ at high magnetic field. For  $\tau_{\rm R}$  of 3000 ps at 1000 MHz,  $R_{1o}/R_1$  is 40 in comparing with 140 for the inner shell water alone. Although the  $R_{1\rho}/R_1$  for both cases increases as the frequency increases, the increment becomes smaller for the full shell water starting from  $\omega_{\rm H} \sim 600$  MHz. This simply arises from that  $R_1^{OS} > R_1^{IS}$  for large  $\tau_R$  at  $\omega_H > 600$  MHz, consequently,  $R_1^{OS}$  dominates  $R_1$  and limits the enhancement efficiency  $R_{1o}/R_1$ .

Alteration of the structure or the dynamic environment of paramagnetic agents can substantially change the enhancement efficiency, since q is related to the structure of the paramagnetic chelate,  $\tau_{\rm R}$  is related to the dynamics of the paramagnetic chelate and D is related to the local environment of the paramagnetic chelate. As an example, if the hydration number q increases, the inner shell water will dominate the total relaxation rate constant. Fig. 5B shows the same calculation as Fig. 5A except for the hydration number q = 3. In this case, both  $R_1$  and  $R_{1\rho}$  are tripled but not the enhancement efficiency. It is 70 for  $\tau_R$  of 3000 ps at  $\omega_{\rm H} = 1000$  MHz instead 40 for q = 1. On the other hand, if the outer shell relaxation rate constant increases due to the decrease of diffusion coefficient, both  $R_1$  and  $R_{1\rho}$  will become substantially larger than that of the inner shell water, as shown in Fig. 5C for  $D = 1.0 \times 10^{-6} \text{ cm}^2/\text{s}$ . As the result, their ratio  $R_{1\rho}/R_1$  will become smaller, i.e.,  $\sim 10$  for  $\tau_R$  of 3000 ps at 1000 MHz, and the increment of  $R_{1\rho}/R_1$  slows down beginning at lower frequency such as 400 MHz. Thus, quantitative information about the dynamics for the paramagnetic agent as labeling probe can be extracted from the relaxation enhancement effect in the off-resonance rotating frame.

### 4.4. Effect of $\theta$ angle

All the calculations presented above are performed at a single  $\theta$  angle ( $\theta = 50^{\circ}$ ) and expressed in proton Larmor



Fig. 5. Theoretically predicted relaxation rate constants and enhancement efficiency for the sum of the inner shell water and the outer shell water as a function of proton Larmor frequency. The profiles were calculated for macromolecular conjugated Gd-DTPA of different structures or dynamic environment. The rotational correlation time  $\tau_{\rm R}$  ranges from 80 to 3000 ps and the space assessable coefficient *s* for the outer shell water is 0.75. (A) Single coordinated water q = 1 and fast diffusion coefficient  $D = 3.16 \times 10^{-5} \text{ cm}^2/\text{s}$ . (B) Three coordinated water q = 3 and fast diffusion coefficient  $D = 3.16 \times 10^{-5} \text{ cm}^2/\text{s}$ . (C) Single coordinated water q = 1 and slow diffusion coefficient  $D = 1.0 \times 10^{-6} \text{ cm}^2/\text{s}$ . Molecular parameters are discussed in the text.

frequency frame. For general consideration, the effect of  $\theta$ angle on the enhancement efficiency  $R_{1\rho}/R_1$  can be expressed in the off-resonance rotating frame as a function of frequency offset ( $\Delta$ ) at given RF amplitude ( $\omega_1$ ). Fig. 6 shows the  $\theta$  angle,  $f_1(\theta)$  and  $f_2(\theta)$  as a function of frequency offset at three RF amplitudes  $\omega_1 = 2, 4$  and 6 kHz. A larger  $\theta$  angle can be obtained with a larger RF amplitude at a smaller frequency offset, i.e.,  $\omega_1 = 6 \text{ kHz}$  and  $\Delta = 5 \text{ kHz}$ yield  $\theta = 50^{\circ}$ ,  $\omega_1 = 2 \text{ kHz}$  and  $\Delta = 5 \text{ kHz}$  result  $\theta = 22^{\circ}$ .  $f_1(\theta)$  and  $f_2(\theta)$  actually are  $\theta$ -dependent coefficient functions,  $f_1(\theta)$  determines the contribution from  $J(\omega_e)$  and  $f_2(\theta)$  determines the contribution from  $J(\omega_{\rm H})$ . Fig. 6 shows that  $f_1(\theta)$  increases with the increase of  $\theta$  angle at  $\Delta < 30$  kHz and  $\omega_1 < 6$  kHz; while  $f_2(\theta)$  decrease with the increase of  $\theta$  angle at  $\Delta < 20$  kHz. This defines the relaxation enhancement in the region of  $\Delta < 30$  kHz.

## 4.5. Calculated enhancement efficiency

 $f_1(\theta)$  and  $f_2(\theta)$  determine the distribution of enhancement efficiency  $R_{1\rho}/R_1$  in the off-resonance rotating frame. Fig. 7 shows  $R_{1\rho}/R_1$  as a function of  $\Delta$  with  $\omega_1 = 2,4$  and 6 kHz at 9.4 Tesla ( $\omega_{\rm H} = 400$  MHz). For Gd-DTPA at 25 °C,  $D = 3.16 \times 10^{-5}$  cm<sup>2</sup>/s and  $\tau_{\rm R} = 500$ , 750 and 1250 ps, the maximum enhancement efficiency ranges from 1.6 up to 4.3 at  $\omega_1 = 6$  kHz and  $\Delta = 5$  kHz. For  $\tau_{\rm R} = 500$ or 750 ps at this field strength, the hydration number q does not affect the  $R_{1\rho}/R_1$  too much. Therefore,  $R_{1\rho}/R_1$  for q = 2is slightly higher than that for q = 1. But for  $\tau_{\rm R} = 1250$  ps, the influence is much stronger. Fig. 7 also provides information for estimating the  $\tau_{\rm R}$  for the experimental  $R_{1\rho}/R_1$ shown below. The largest frequency offset for a detectable  $R_{1\rho}/R_1$  is proportional to the square of  $\omega_1$  and  $\tau_{\rm R}$ , which



Fig. 6. Effect of effective field  $\theta$  angle,  $\theta$  angle,  $f_1(\theta)$  and  $f_2(\theta)$  as a function of frequency offset at RF amplitude of 2, 4 and 6 kHz.



Fig. 7. Theoretically predicted relaxation enhancement efficiency  $R_{1\rho}/R_1$  as a function of frequency offset at RF amplitude of 2, 4 and 6 kHz. Three macromolecule conjugated Gd-DTPA with  $\tau_R = 500$ , 750 and 1250 ps and  $D = 3.16 \times 10^{-5}$  cm<sup>2</sup>/s were calculated for magnetic field strength of 9.4 Tesla.

varies between 15 and 35 kHz. There is a broad dynamic range for detecting the relaxation enhancement for paramagnetic agents with large  $\tau_{\rm R}$ , which will be further extended by using a higher strength of magnetic field. This feature permits one to select RF parameters in wide range so that the enhancement is detected at low RF amplitude within the limit of the specific absorption rate (SAR). Thus the paramagnetic relaxation enhancement will benefit from high  $B_0$  in term of the sensitivity and dynamic range for detection, which will be potentially important for biological applications if SAR can be reduced [31].

### 4.6. Experimental enhancement efficiency

Fig. 8 shows the experimental enhancement efficiency for the aqueous solutions of  $(Gd-DTPA)_8$ -Dextran,  $(Gd-DTPA)_{31}$ -PLS,  $(Gd-DTPA)_{30}$ -BSA and  $(Gd-DTPA-SCN-Bz)_{41}$ -PAMAM-g5 at 1 mM Gd concentration. The concentration of these macromolecules ranges from 0.125 to 0.025 mM. The magnetization transfer effect due to their slow tumbling motions can be neglected. Since the T<sub>1</sub> is shorter than 200 ms for these solutions and is longer than 2 s for the solvent, the diamagnetic contribution from the solvent can be neglected from their relaxation rate constants. Thus, the measured magnetization can be directly used to calculate the enhancement efficiency. The Dextran, PLS, BSA conjugated DTPA were synthesized by reacting the macromolecules with c-DTPA, their hydration number q is 2. The PAMAM-g5 conjugated DTPA was synthesized by reacting the macromolecules with the SCN-Bz-DTPA. Its conjugation functional group SCN-Bz is directly attached to the backbone of the DTPA, which leaves eight dentates to coordinate with Gd(III) and one structural site for the water molecule (q = 1). In these macromolecules, both polylysine and Dextran are linear polymers and very flexible. The excess-OH group in Dextran can facilitate the water exchange. BSA is a globular shape protein and is less flexible than the linear polymers. PAMAM-g5 is the most rigid macromolecule among these macromolecules and has a spherical shape. From these structural information, the order of molecular dynamics for these macromolecules is Dextran  $\sim$  polylysine > BSA >PAMAM-g5, where the more rigid molecule has the less local mobility. The measured enhancement efficiency for



Fig. 8. Experimentally measured relaxation enhancement efficiency  $R_{1\rho}/R_1$  as a function of frequency offset at RF amplitude of 2, 4 and 6 kHz. Four macromolecule conjugated Gd-DTPA at 1 mM Gd(III) were examined at magnetic field strength of 9.4 Tesla. Their averaged molecular formula are (Gd-DTPA)<sub>8</sub>-Dextran, (Gd-DTPA)<sub>31</sub>-PLS, (Gd-DTPA)<sub>30</sub>-BSA and (Gd-DTPA-SCN-Bz)<sub>41</sub>-PAMAM-g5.

these macromolecule conjugated Gd-DTPA is in the order of PAMAM-g5 > BSA > PLS > Dextran. Explicitly, the  $R_{1\rho}/R_1$  value at  $\omega_1 = 6$  kHz and  $\Delta = 5$  kHz is 4.3 for PAMAM-g5, 2.5 for BSA, 2.2 for polylysine and 1.7 for Dextran.

This measurement not only provides the enhancement efficiency but also the dynamics of the paramagnetic unit for each macromolecule. By comparing Figs. 7 and 8, the effective motional correlation can be estimated as PAMAM-g5  $\sim$  1.3 ns, BSA  $\sim 0.75$  ns, PLS  $\sim 0.65$  ns. dextran  $\sim 0.5$  ns. Although the molecular weight of these macromolecule conjugated is in the order of  $(Gd-DTPA)_{30}$ -BSA $(\sim 85 \text{ kDa}) > (Gd-DTPA-SCN-Bz)_{41}$ -PAMAM-g5 ( $\sim$ 60 kDa)  $\geq$  (Gd-DTPA)<sub>31</sub>-PLS (30 kDa  $\sim$  $45 \text{ kDa} > (\text{Gd-DTPA})_8$ -Dextran (20–25 kDa), apparently, the internal reorientation motion plays important role in the overall rotation correlation time due to  $\tau_{\rm R}^{-1} = \tau_{\rm i}^{-1} +$  $\tau_{\sigma}^{-1}$ . Thus, reducing the internal rotational correlation time can effectively increase the relaxation rate constant in the off-resonance rotating frame.

#### 5. Conclusions

A comprehensive relaxation theory in the off-resonance rotating frame for water molecules in presence of paramagnetic agents has been developed. According to the theory, the relaxation rate constants in the off-resonance rotating frame can be substantially increased in comparison with their laboratory frame values. The enhancement efficiency is directly related to the structures, dynamics and environments of the paramagnetic agents themselves, in addition to the magnetic field strength and the effective field parameters. Thus, the dynamics of paramagnetic agents can be extracted from the measurement of water NMR signals, which contain parameters such as rotation correlation time, water hydration number and diffusion coefficient, as shown in the examples of Gd(III) chelates at high magnetic field  $(B_0 > 3T)$ . The experimental data for a series of macromolecule conjugated Gd-DTPA confirmed the predictions of the theory. The relaxation enhancement method discussed in this work is effective for the inner shell water and the outer shell water, thus, is capable to raise the relaxation efficiency for those T<sub>1</sub>-type and T<sub>2</sub>-type paramagnetic relaxation agents that are used for labeling molecular/cellular events. The essence of this approach is to capture a low frequency spectral density function  $J(\omega_{\rm e})$  to enhance the paramagnetic relaxation rate constant even through the experiment is performed at high magnetic fields. The J(0) in the transverse relaxation rate constant  $R_2$  contains the similar information as the  $J(\omega_{\rm e})$ , but the sensitivity for detecting the paramagnetic agents of large  $R_2$  is low at high fields, i.e., the images for these agents normally appear to be hypointense. The  $T_{1\rho}$  method presented in this paper permits to enhance the relaxivity and provide high detection sensitivity simultaneously.

#### Acknowledgment

This work was supported by grant to H.Z. from the National Institutes of Health (EB02912).

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